

# PORTUGAL

**Public Health Aspects of Migration in Europe**  
**Rome, 28-29 May 2013**

# Demography

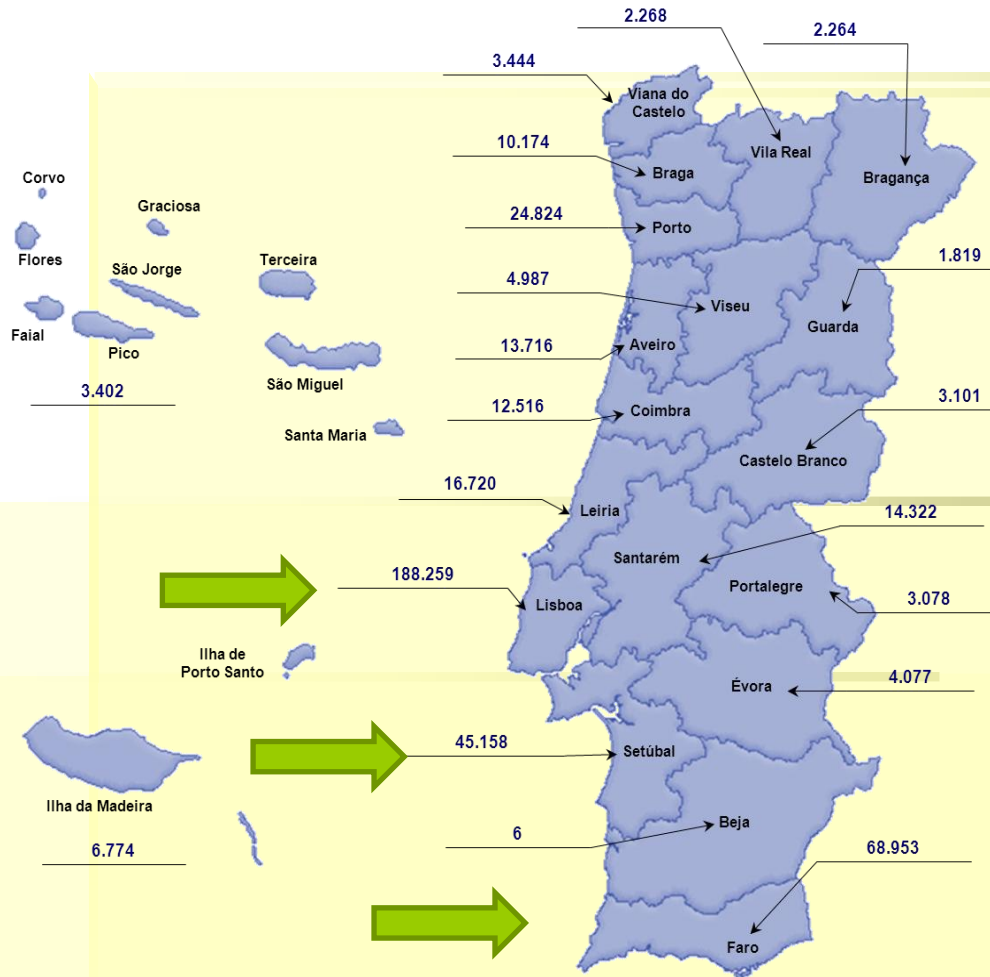
Portugal 2011	Total	Men	Women
Resident population	10.562.178	5.046.600	5.515.578
Documented migrants	436.822	219.137	217.685
%	4,2%	4,3%	4%

Source: Portuguese Report of the Immigration and Borders Service, 2011 / PORDATA

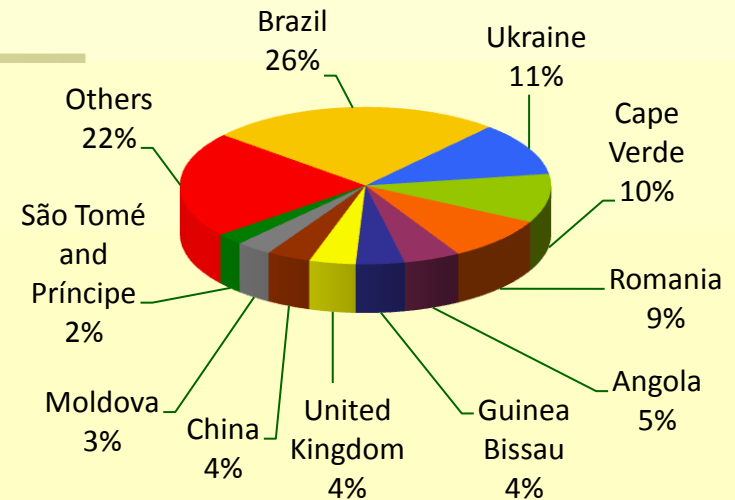
Foreign population in Portugal	Gender	Age group				Total
		0 - 19	20 -39	40 -64	65 +	
Total	MW	71.695	204.422	140.673	20.032	436.822
	M	37.016	99.452	72.830	9.839	219.137
	W	34.679	104.970	67.843	10.193	217.685

Source: Portuguese Report of the Immigration and Borders Service, 2011

# Hot spots



Documented migrants 2011	Lisbon	Faro	Setúbal
436.822	188.259	68.953	45.158
100%	43,10%	15,79%	10,34%



Source: Portuguese Report of the Immigration and Borders Service, 2011

# Challenges

## 1. Use of health services

- Immigrants underuse health services
- Men are less likely than women to use the National Health Service (NHS)
- 23% of participants had never used health services
- 1st time users: 50% used primary health services and 1/3 emergency rooms
- Africans are more likely to use the NHS than Brazilians or eastern Europeans

## 2. Equity of access to health services

- Undocumented immigrants fear reporting to the authorities

Source: Dias S., Gama A., Cortes M. & Sousa B. (2011), Healthcare-seeking patterns among immigrants in Portugal, *Health and Social Care in the Community*

# Achievements

## 1. Universal access to the NHS under reciprocal conditions

- Undocumented immigrants have access to the NHS for reasons of public health, urgent and vital health care and maternal and child health care.

## 2. Satisfactory integration of immigrants in the society and consequent better use of the NHS

- Portugal has achieved the 2nd place out of a ranking of 31 countries made by the British Council and the EU Migration Policy Group – MIPEX project

# Lessons learnt

## 1. Disseminate information to immigrants on their health rights and duties, in order to promote use of the NHS

- Information Bulletin nº 12/Directorate-General of Health, 7 May 2009

## 2. Promote training of health workers

- The Directorate-General of Health is partner to the IOM project in Portugal “Training Programme on Migration and Health for Health Professionals” - EQUI-HEALTH “Fostering health provision for migrants, the Roma, and other vulnerable groups”.