



**World Health
Organization**

Direcção-Geral da Saúde
www.dgs.pt



Ministério da Saúde



Escola Nacional de Saúde Pública
Universidade Nova de Lisboa

PUBLIC HEALTH RESPONSE

TO THE SOCIAL AND ECONOMIC CRISIS

crise@dgs.pt

Lisbon, April 2009

SOCIAL IMPLICATIONS

Social and Economic Crisis

- Unemployment**
- Impoverishment**
- Negative effects on self-esteem and social inclusion**

Increase of the demand for social support networks and public health services

GENERAL PRINCIPLES

- **Efficient and prompt responses to immediate risks on Public Health**
- **Taking advantage of the opportunities resulting from the crisis in order to improve the delivery of health services**

GUIDANCE FROM WHO

- Maintaining current information systems
- Assessing the effects on Health determinants
- Taking priority actions for the most vulnerable populations

WHO - The Financial Crisis and Global Health

RECOMMENDATIONS FROM THE EUROPEAN COMMISSION

- Regular monitoring of the impact of the economic crisis;
- Ensuring Health and Long Term Care

First Report on the Social Impact of crisis in Europe

OSLO MEETING

- Identification of Health risks resulting from the crisis, as well as responses to minimize its impact

GENERAL APPROACH

1st scenario

Population groups with low social-economic level (poverty and exclusion)

- Communities already identified
- Responses already in the field

➡ **Reinforcement of social and health pre-existing support**

2nd scenario

Population groups affected by “sudden impoverishment”.

- *Difficult to identify (“The hidden poor”)*
- *Need for new social and health measures*

➡ **Implementation of new responses**

FIRST LINE APPROACH

1. *Food and Diet*

- Basic needs
- Food quality and local culture: “Eat cheap and healthy”

2. *Self-esteem*

- Promotion: Feeling useful
- Protection: Depression, aggressiveness

3. *Access to Health Care*

- Access to general care (prevention, screening, treatment, rehabilitation)
- Access to medicines

OPERATIONAL PHASE

“Health intelligence “

(Diagnosis/ Monitoring)

Secondary Information

(pre-existing sources)

Primary Information

(new sources)

Health
Services

Support
lines

Pharma
cies

Social
Security

Public Health
Surveillance
network
“Sentinel Net”

Action

General Recommendations

Good practices
Technical guidance

Local Action

- Call Centre
- Sentinel nurses

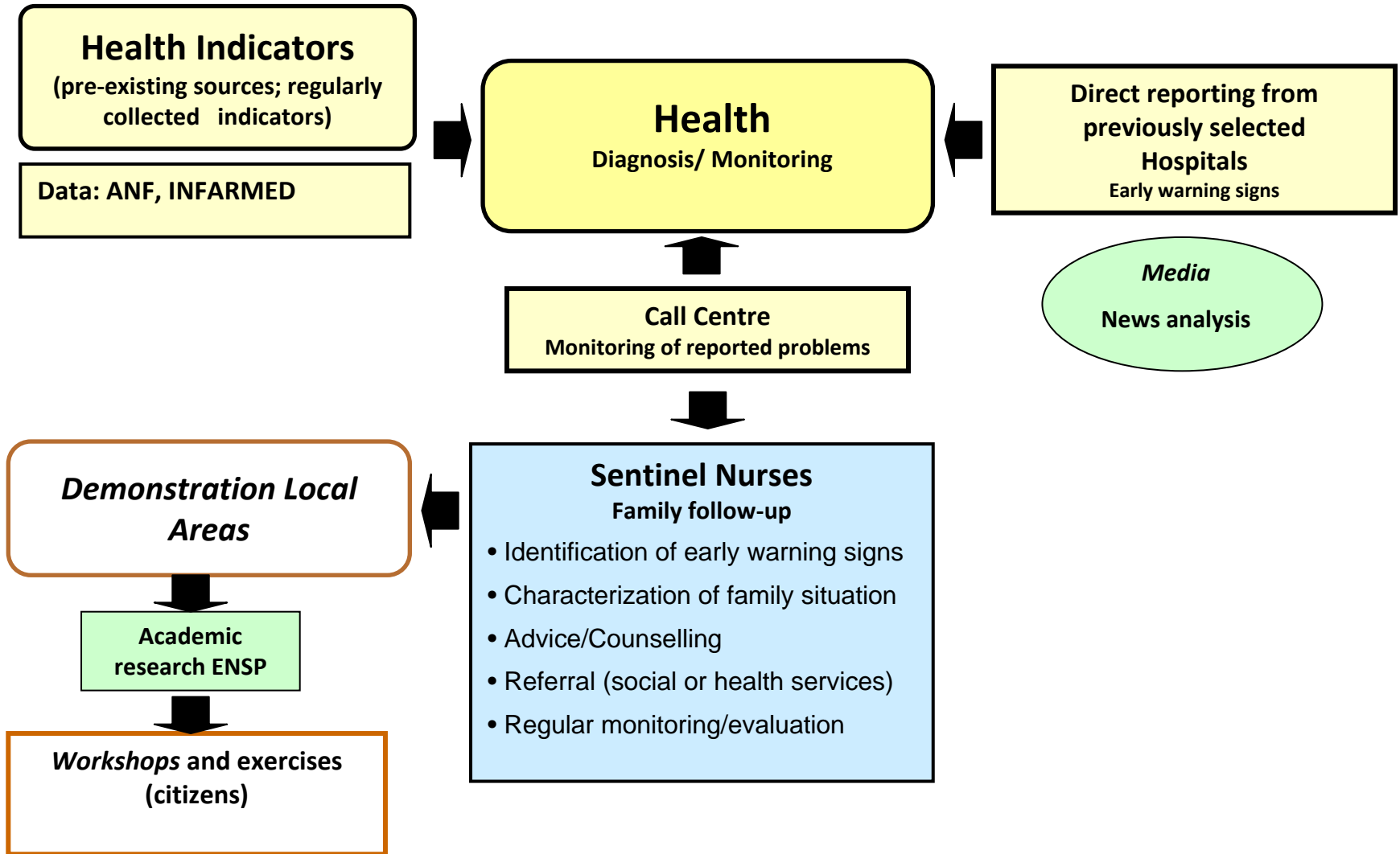
Reinforcement of social structures:
e.g. Schools

Research and Action (translational research)

- Impact of the crisis
- Response effectiveness
- Post-crisis scenarios

“Health Intelligence”

Monitoring



HEALTH INDICATORS

Early warning signs

- Significant reduction of family income
- Unemployment situation inside the family
- Increase of the number of people with self-esteem problems
- Early introduction of cow milk and/or inadequate diet in infants
- Shift of the usual consumption pattern of some drug groups
anti-depressives, sedatives, anti-hypertensives, analgesics, statins
- Increase of the number of calls to “Saúde 24” related to nutrition, depression, access to care and medication issues

Diet	Identification	Information	Action
	People with basic food needs	Referral to Social and/or Health Services	<ul style="list-style-type: none"> - Dissemination of Menus, cheap and healthy recipes - Helping people to live with reduced income - Healthy Cooking Courses (addressees: cooks and families) - Information on the nutritional value of certain foods (e.g. eggs, frozen meat or fish) - Promotion of maternal breast feeding - Articulation with the Ministry of Education to guarantee meals for children in case of need, including weekends and holidays

Self-esteem	Identification	Information	Action
	Low self-esteem	Referral to Social and/or Health Services	<ul style="list-style-type: none"> - Training of personnel in Public Services, particularly those who deal directly with the public, on how to promote self-esteem. - Working with self-help groups and civil society organizations - Updating of guidance for Health Care Workers

Access to care	Identification	Information	Action
	Identify people with difficulties in acceding to health services and/or essential medicines	Referral to Social and/or Health Services	<ul style="list-style-type: none"> - Current Primary Care reforms mean opportunities to deal with the crisis - Reinforcement of Mobile Units already operating - Education and Training of Health professionals -Implementation of the Prestige Prize for good practices

Access to Forms

Windows Internet Explorer - Direcção-Geral da Saúde

http://www.dgs.pt/default.aspx

Pesquisar
Por Temas
16, Abril 2009
Actualizado em 2009-04-16

maiores

Acesso a Formulários

Quinta-feira, 16 de Abril de 2009 | Mapa do Site

CASIS - Auditorias

- Linha de Saúde Pública**
 - Introdução/Consulta de registos
 - Relatórios
- Ocorrências UESP**
- Ondas de Calor - Informação Diária**
- Ondas de Calor - Planos específicos**
- Questionário CASIS**

Linha de Saúde Pública » Introdução/Consulta de registos

Novo | Editar | Gravar | Eliminar | Pesquisar | Imprimir | Vista | Histórico | Refrescar

☐ Informação obrigatória

Número: 027303 | ARS: Algarve | Data: | Hora: 09:02

Título:

Tipo de chamada: Válida

☐ Contactante

Nome: |

Motivo: Outra | Especifique: AL

☐ Contexto individual

Nome: PROPRIA

Contacto: | Idade: 25 | Sexo: Feminino

Região: Lisboa e Vale do Tejo

Distrito: Lisboa

Concelho: Loures

Frequência: |

masterlink 2005

Concluído

Internet 100%

Sair da área reservada

Acessibilidade | Alameda D. Afonso Henriques, 45 - 1049-005 Lisboa - Portugal - Tel 218 430 500 - Fax: 218 430 530 - E-mail: geral@dgs.pt

masterlink 2005

Internet 100%

Plan - 2009

- Task Force

- diagnostic phase

- Oslo Meeting

- Definition of strategic measures

- Characterization of specific measures on food, self-esteem and access to care

- *Profile of the situation*

jan	feb	mar	apr	may	jun	jul	aug	sep	oct	nov	dec
-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----	-----

- articulation with services

- Training of sentinel nurses

- activities for identification of the situations of alert

- monitoring, evaluation and research

- Plataform against obesity

- identification of difficulties in the access to care

IDENTIFICATION

INFORMATION

ACTION